



You will need the following objects: a chamois, some silk fabric, a pastry brush, marbles in a fabric pouch, a chain and a blanket.

Play through tracks one to six, using the objects as shown, with the music, with your receiving partner.

Keep to the Beat.



Brush
with chamois

Drape (guitar tune)
with silk
fabric



Dab
with short,
brisk movements
be careful
around face



Stroke
marble pouch
over body
this way
and that way



Use
Palms
(Bass Drum)
Knuckles
(Gato Drum)
Fingertips
(Chimes)



Lower
chain onto
body, move
& repeat

Trail
across body



Wrap in blanket
Relax,
keep in contact
and listen



Watch, listen and observe.
Keep to the Beat.

