



You will need the following objects: a small textured ball and a large smooth ball, a hairbrush, a pastry brush, a bowl of warm water, a towel, dry loofah, bubbles to blow and a blanket. Play through tracks one to six, using the objects as shown, with the music, with your receiving partner.

Keep to the Beat.



Roll (first tune)
quickly with
textured ball

Roll (second tune)
slowly with
smooth ball



**Press
and
Roll**
with hairbrush



Paint
arms and legs
with warm
water

Blow
(when singing stops)
to cool



Gently
Flick
with loofah



Blow
and enjoy



Wrap in blanket
Relax,
keep in contact
and listen



Watch, listen and observe.
Keep to the Beat.

